



Overview of Program

In 2005, the National Kidney Foundation of Illinois (NKFI) launched the nation's first KidneyMobile®, a custom motor coach offering free mobile education and screening services to Illinois communities. Our mission centers on identifying individuals needing treatment for diabetes, high blood pressure, and kidney disease, as well as raising greater awareness to the complications of these diseases in hopes of preventing their development.

We offer free health screenings for hypertension, diabetes, and kidney disease. The NKFI will provide all supplies and equipment for the testing. Each participant will have a private consultation where he/she will receive the results on the day of the event. Finally, participants are invited on board the KidneyMobile® for an educational tour and short video featuring people whose lives have been touched by kidney disease.

Host-Site Expectations

- On-Site
 - Provide space for the KidneyMobile® to park. It is 35 ft long by 15 ft high by 15 ft wide. In a parking lot, we recommend reserving six parking spots.
 - Provide a room with seven large tables, electrical outlets, and 30 chairs. Room should be near a bathroom and near the KidneyMobile®.
Screenings do not take place on the KidneyMobile®!
 - Provide a small room for consultations.
- Volunteers
 - 4-5 volunteers (more is helpful!) must be provided by the host-site to aid with registration.
 - 5-6 technical volunteers (medically trained) must be provided to administer blood pressure, blood sugar, and urinalysis. *If the technical volunteers cannot be provided, please contact the NKFI office.*
 - Volunteers should arrive at least 30 minutes before the screening for training by our staff.
- Promotion and Marketing
 - This program requires aid in promoting the event as each site must attract at least 75 participants. Included in this packet are flyers and posters for the event promotion. Note: the best screenings area those that have strong promotion by the host site. Consider including this event in newsletters or bulletins, call your partner organizations (religious institutions, community centers, senior centers, etc) to invite their members to the screenings, and ask for your partners support in promoting the event.
 - Flyers (25), posters (3-4) and a press release (upon request) will be provided by NKFI to host-sites for dissemination. ***(continued)***



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- Blood Draws (if special arrangements have been made for this screening)
 - **NKFI will provide:**
 - Equipment and supplies to analyze blood for serum Creatinine, hemoglobin and calculate eGFR
 - **Host Site:**
 - Supplies for the blood draw are provided (*green top tubes and 21' gage needles, syringes etc*).
 - One or two phlebotomists must be provided.
 - Results will be available to the participants on day of screening.

On the day of the event:

- The NKFI staff will arrive about an hour and a half before the screening begins for set up.
- Each participant will be asked to sign a consent form and short medical questionnaire.
- Participants will attend each station where a member of our staff or qualified volunteer will conduct the tests.
- Participants will review their results with a staff member or qualified volunteer before leaving the screening.
- Participants are welcome to tour the nation's only kidney disease educational/prevention mobile unit, our KidneyMobile®.
- Participant should anticipate spending 30-45 minutes at the screening.

Following the event:

- Each participant will receive follow-up from a NKFI staff member regarding their results to ensure participants are following their recommended next steps.

How do we select where the KidneyMobile® visits?

Each request will be reviewed by a committee for its fit with KidneyMobile® mission and the site's ability to meet the above guidelines. All requests will receive a response within 2-3 weeks.

In order to use our resources most efficiently, the KidneyMobile®'s priority is to provide services to underserved communities, who currently have little or no opportunity for preventative screenings, and also to individuals most at risk for these diseases, specifically Latinos and African Americans. Priority is also given to organizations that can provide technical volunteers, lab work for the blood draws, and events that are focused solely on chronic kidney disease. We will be attending a limited number of health fairs this year, and will instead, concentrate our attention on offering the KidneyMobile® screening program at sites where the NKFI program is the focus. Additionally, we hope to reach an increased number of rural communities.