



National Kidney Foundation of Illinois, Inc.

A KidneyMobile® Success Story

In 2006, the National Kidney Foundation of Illinois (NKFI) launched the nation's first KidneyMobile®, a custom mobile exhibit offering **free** prevention education and health screenings for high blood pressure, diabetes and chronic kidney disease (CKD) to Illinois communities.

To date the KidneyMobile® program has screened more than 14,000 community members! Unfortunately, more than 70% of those screened had at least one abnormal result, which is why the NKFI continues to provide these complimentary services.

A 57 year-old Latina from a south suburb of Chicago participated in a screening in August of 2008 at Oak Forest Hospital of Cook County. She was a known diabetic with no medical insurance or knowledge of where to seek medical care. She attended the NKFI's free screening.

During the private consultation with the NKFI's Nancy LePain, NP, the participant's daughter assisted with translating the unfortunate results. Her mother had several abnormal test results that required medical attention. The NKFI referred the participant to Access Community Health Network. The partnership with Access allowed her to be seen in a timely fashion, and at a location near her home.

Through the NKFI's comprehensive follow-up program, we have been tracking her progress. Since her first appointment with Access she has had several follow-up appointments and she is currently taking oral medications and insulin to control her diabetes as well as medication to control her blood pressure. Recently she has been referred to a nephrologist.

After speaking with the participant's daughter she stated 'without the help of the NKFI my mother's outcome would be much different, I can't say thank you enough.'

This is only one example in many that have resulted in success, yet, there is still plenty of work that needs to be done. There are more than 800,000 Illinoisans and more than 26 million people nationwide who have chronic kidney disease and most are unaware. Diabetes and hypertension continue to be the leading causes of CKD.

Please contact the National Kidney Foundation of Illinois for free screenings in your area or visit us at www.nkfi.org and get screened for kidney disease!

For more information visit us at:
www.nkfi.org or www.kidneymonile.org