



National Kidney Foundation[™] of Illinois

2008 World Kidney Day held March 13

Many thanks to our World Kidney Day partners, participants and volunteers for making the second annual event a great success! More than 100 people were screened for kidney disease risk factors of high blood pressure, diabetes, and obesity at the University of Illinois at Chicago. Participants were also checked for protein in the urine, which can be an early indicator of chronic kidney disease. Each participant was then able to review his/her screening results with a doctor or nurse practitioner onsite.

World Kidney Day also highlighted the fun in exercising and healthy cooking! Attendees participated in salsa dancing and hula hooping, both great and entertaining ways to get the body moving. Thank you to Carnivale restaurant for demonstrating two traditional Latin recipes and how they can be made for a healthier lifestyle

World Kidney Day focused on healthy living and truly taking charge of your health through regular physical examinations, exercising, and eating right.

Special guests and dignitaries included Secretary of State Jesse White, Dr. Sandy Goldberg, health reporter for NBC5, Warren Chapman, Vice Chancellor for External Affairs at UIC, Alderman Fioretti, Joe Harrington of the Chicago Department of Public Health, and Dr. Julio Cesar Vijil, UIC Medical Director, Dialysis Center.

Thank you again to our sponsors Lilly and University of Illinois at Chicago, our partners Hispanic Center of Excellence, Malcolm X College, Spanish Coalition for Jobs, Costco, Sigma Home Health, Henry Schein, and Chicago Latino Network, and to all the volunteers who took time out of their busy schedules to help make a difference in the lives of many.

